

New Jersey 911 Lifeline Legislation



Purchasing, possessing, or consuming alcohol is illegal for those under the Minimum Legal Drinking Age of 21. This legislation provides immunity from prosecution when the steps below are followed.



- 1. Call 911 for help
- 2. Stay with your friend
- 3. Talk with authorities

The underage person who is receiving medical assistance is also immune from prosecution. This immunity applies to public and private property.

Call 9-1-1 if you see the following signs of alcohol poisoning:

- · Passing out, semi-conscious
- Cold, pale, or bluish skin
- Vomiting
- Slow or irregular breathing
- Confusion or slurred speech
- Seizures



Blood Alcohol Content can continue to rise after someone passes out - do not leave your friend alone to sleep it off!

Myth: Beer and wine are safer than liquor.

Fact: Alcohol is alcohol. It can cause problems no matter what kind you consume.

"WORDS MATTER" LANGUAGE CHOICE GUIDE

Name/Crazy/Nuts/Unstable/ Whackjob/Schizo(phrenic)/Bipolar

saying this

- Instead of Alcoholic/Drunk/Junkie/Drug Addict
 - Committed Suicide/Killed Themselves
- ✓ Person with a Mental Health Disorder

Say this

- ✓ Person with a Substance Use Disorder
- ✓ Died by Suicide

Using more compassionate language can help reduce stigma and discrimination towards mental health, substance use, and recovery.

What is this?

This guide was developed with a focus on local mental health and substance use resources that serve teens, young adults, and parents and caregivers in need of support.



Who is this for?

This guide is intended to assist anyone that is seeking help for a teen, young adult, or adult family member. We understand that help is often sought in times of crisis and can feel overwhelming. We hope this guide will be a helpful beginning to navigating the process of connecting with needed supports.

How do I utilize this?

This is not an exhaustive list. If you are not sure where to begin, or if you would like to speak to someone about this guide, please reach out to Harvest Family Success Center at harvestfsc.com or call 908-237-0465.



The Harvest Family Success Center is a program of Prevention Resources, Inc. that offers the community a gathering place, brings families together through free events, programs and activities, and connects families to helpful local resources. If you would like to be connected to additional support services, Harvest FSC is here to help. Hablamos español.



harvestfsc.com mmoore@njprevent.com 908-237-0465

Hunterdon County IMPACT GUIDE

Local mental health and substance use resources for youth, young adults, & families



empowersomerset.com 908-722-4900 | info@empowersomerset.com

Hotlines

Poison Control 800-222-1222

2ND FLOOR Call or text 888-222-2228

844-276-2777 NJ Addiction Services

1-800-852-8336 TEEN LINE **Text TEEN to 839863**

NI Connect for Recovery 855-652-3737

Perform Care 877-652-7624

Reach NJ 844-732-2465

800-272-4630 Hunterdon Helpline

Suicide and Crisis Lifeline 988

741-741 Suicide Text Line

Crisis/Emergency Services

Hunterdon Crisis Line 908-788-6400

Family Crisis Intervention 908-237-5525 Unit

Support Groups

AL-ANON/ALATEEN 888-944-5678

NJ Hope & Healing 732-204-6510

Family Support 908-223-1191 Organization

732-940-0991 NAMI NI

908-687-8566 Alcoholics Anonymous*

800-992-0401 Narcotics Anonymous*

*18+ | teen must be accompanied by adult

For more resources and information,

visit njprevent.com or download Help App









Help App

Youth Activities

Hunterdon County Youth 908-782-3909

Coalition

908-782-3909 Positive YOUth

908-788-1341

4-H Youth Development

908-782-1030

School-Based Youth Services 908-788-6401

Hunterdon County YMCA

x3173

Division of Parks & Recreation

908-782-1158

Myth: If I eat a big meal before l drink, l won't get drunk.

> Fact: Food does not prevent alcohol from affecting your body. The alcohol still gets in your system. It may be delayed a bit by the food, which will slow the rate of absorption, but you can still get drunk.

Treatment Services

Search "NJ Narcan Training" for

free training and nasal kits

908-782-3909

908-864-2940

908-782-7905

908-806-5195

908-689-6600

800-705-4673

800-753-5223

908-526-3900

Prevention Resources

Catholic Charities

Easter Seals

New Hope IBHC

Tri County Care

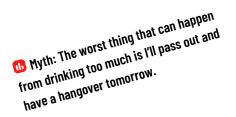
Summit Oaks Hospital

Management Organization

Open Door Recovery Center

Acenda Integrated Health





(11) Fact: Death or injury can occur from alcohol poisoning. An intoxicated person can have a physical reaction or impaired judgement and coordination that could lead to drunk driving, falls, and other accidents.

